

Curriculum Statement for P.E

Intent	Implementation	Impact
<p>At St Mary and St Michael School we believe that Physical Education is a unique subject which plays a fundamental role in a child's development. The dynamic and adaptable nature of a good PE curriculum means it can develop the whole child's physical, mental and interpersonal prowess. It can excite, inspire and challenge an individual and provide opportunities for children to build character through their success and failures.</p> <p>We understand that PE can produce many desired outcomes and can contribute to positive physical and mental wellbeing. We want our children to demonstrate perseverance, collaboration, fairness and compassion and be confident in taking part in physical activity in a variety of different roles. We understand that a progressive and balanced PE curriculum can develop healthy, active individuals who enjoy competing, collaborating and communicating with others and always strive to achieve their personal best.</p> <p>At St Mary and St Michael, and in line with the National Curriculum, we want our children to flourish in PE and sport and therefore aim to:</p> <ul style="list-style-type: none"> - Develop pupils who are competent and confident to excel in a broad range of activities - Engage all children in competitive sports and activities within lessons and beyond - Promote creativity and leadership skills and recognise and celebrate all achievements - Grow passionate and healthy individuals who develop a lifelong love for physical activity 	<p>Physical Education within our school is predominantly taught by our specialist PE teacher and every class is allocated at least one lesson per week with our PE teacher. Our class teachers also deliver high quality PE lessons to ensure all children at key stage one and two participate in two lessons of PE each week. We have designed our curriculum so that children experience a broad range of activities that are stimulating, engaging and progressive. All of our PE lessons are inclusive and differentiated so that every child can be challenged and can experience success.</p> <p>Our PE curriculum at EYFS and key stage one focuses on the development of fundamental skills such as running, jumping, sending and receiving, in addition to promoting agility, balance and coordination. These lessons provide ample opportunities for children to practice and master their skills in a multitude of different activities and settings. We have carefully planned our curriculum to ensure skills and knowledge are sequenced appropriately and there is opportunity to practice, refine and fully embed learning. Children are encouraged to develop initiative and curiosity by exploring their own abilities and creating and leading activities. Our curriculum encourages children to work collaboratively in team games and activities and introduces them to basic tactics and strategies. Each term there is scope to compete against others and themselves and to always achieve their personal best.</p> <p>Children in key stage two will build upon the skills learnt and apply them to specific sporting activities. They are provided with many opportunities to compete against others within their PE lessons, at intraschool and interschool events and are encouraged to engage in a variety of different roles. Children are taught how they can improve their performance and can evaluate and recognise their success. Our PE lessons create an environment where a failed attempt is also a positive one and provides a fantastic learning opportunity. Children celebrate resilience and perseverance and recognise that everybody will have their own unique learning journey and ability. We ensure we teach a broad range of sports so that we provide an opportunity for children to ignite a passion for sport and develop lifelong participation.</p>	<p>Our PE curriculum provides our children with a wealth of opportunity to enjoy, succeed and excel. It is designed to promote cooperation, competition and creativity. We want our PE curriculum and provision to impact our pupils by:</p> <ul style="list-style-type: none"> - creating a supportive environment where every child can develop physical skills, emotional intelligence and social skills and progression is clearly evident, regardless of individual starting points. - having confident, physically competent children who are passionate and enthusiastic in PE and participate eagerly with a positive and determined attitude in lessons and beyond. - children leaving our school with a secure understanding of the benefits of leading a healthy active lifestyle and be able to remain physically active for sustained periods of time. - having ambitious children who have the confidence to compete in sport and other activities as an athlete, leader and official. - equipping them with the capacity to demonstrate our school values of collaboration, compassion, respect, perseverance and self-worth, in addition to fairness, honesty, equality and discipline. - teaching them to evaluate their own success and failures and encouraging them to always strive to achieve the best that they can